



ELSEVIER

Neurobiology of Aging 23 (2002) 87–95

www.elsevier.com/locate/neuaging

NEUROBIOLOGY  
OF  
AGING

## Estrogen effects on object memory and cholinergic receptors in young and old female mice

Elvire Vaucher<sup>a,b</sup>, Isabelle Reymond<sup>a</sup>, Robert Najaffe<sup>c</sup>, Satyabrata Kar<sup>a</sup>, Rémi Quirion<sup>a,d</sup>,  
Marilyn M. Miller<sup>e,f,g,\*\*</sup>, Keith B.J. Franklin<sup>c,\*</sup>

<sup>a</sup>Douglas Hospital Research Center, Verdun, Québec H4H 1R3, Canada

<sup>b</sup>École d'Optométrie, Université de Montréal, Montréal, Québec H3C 3J7, Canada

<sup>c</sup>Department of Psychology, McGill University, 1205 Dr Penfield Ave, Montréal, Québec H3A 1B1, Canada

<sup>d</sup>Department of Psychiatry, McGill University, Montréal, Québec H3A 1B1, Canada

<sup>e</sup>Department of Obstetrics and Gynecology, McGill University, Montréal, Québec H3A 1B1, Canada

<sup>f</sup>Department of Anatomy, McGill University, Montréal, Québec H3A 1B1, Canada

<sup>g</sup>Department of Medicine, McGill University, Montréal, Québec H3A 1B1, Canada

Received 1 December 2000; received in revised form 26 April 2001; accepted 26 April 2001

### Abstract

We investigated whether object recognition memory is modulated by estrogen in young (5 month) and aged (24 month) female C57Bl/6J mice, and if cholinergic muscarinic receptors might contribute to this response. Mice that were ovariectomized, or ovariectomized plus estradiol-treated three weeks before behavioral testing or quantitative autoradiography were compared to intact mice. Memory for a previously encountered object deteriorated significantly between 3 and 6h after initial exposure, regardless of animal age. In both young and aged mice, estradiol-treated mice showed significantly greater recall than did ovariectomized mice. In both age groups, the apparent number of [<sup>3</sup>H]pirenzepine/M<sub>1</sub>-like and [<sup>3</sup>H]AFDX384/M<sub>2</sub>-like muscarinic receptor binding sites was reduced in the basal forebrain as well as its projection areas following ovariectomy, but this decrease was not alleviated by estrogen. Aging poorly affected object memory, but reduced muscarinic binding in some cortical subregions and in the caudate nucleus. These findings suggest that estrogen effects on memory in C57Bl/6J mice are not due to changes in the number of muscarinic receptors. © 2002 Elsevier Science Inc. All rights reserved.

**Keywords:** Acetylcholine; Aging; Alzheimer's disease; Basal forebrain; Cerebral cortex; Cholinergic; Cognitive function; Hippocampus; Muscarinic receptor; Object recognition; Working memory

### 1. Introduction

In a recent study, we reported that a 30 days of estradiol (E<sub>2</sub>) treatment improved working memory in young as well as aged ovariectomized (OVX) C57Bl/6J mice in the spontaneous alternation T-maze test [29]. This effect was accompanied by an increase in the number of basal forebrain (BF) neurons immunostained for both choline acetyltransferase (ChAT) and estrogen  $\alpha$ -receptor. These results were consistent with the idea that estrogen maintains normal brain functioning, especially in regard to cognitive perfor-

mance, in humans [37] as well as in animals [19,27]. This hypothesis is based on the observed reduced cognitive abilities of subjects following menopause or ovariectomy [36, 42]. In animal models, gonadectomized rodents perform more poorly than E<sub>2</sub>-treated gonadectomized rodents in various working memory paradigms. This is true for females [8,13,16,29] as well as males [24]. Working memory impairments are linked with cholinergic dysfunction and are ameliorated to some extent by restoring cholinergic activity [26,34]. Likewise, damage to cholinergic projections produces attention, learning and memory deficits [12,34]. Interestingly, cholinergic parameters such as ChAT mRNA levels [17], ChAT activity [25,39,43], acetylcholine release [21], and choline uptake [39] increased in BF-related structures after E<sub>2</sub> administration in OVX animals.

In spite of these data linking memory, estrogen and acetylcholine, there have been few studies exploring both

\* Corresponding author. Tel.: +514-398-6081; fax: +514-398-4896.

E-mail address: keith@hebb.psych.mcgill.ca (K.B.J. Franklin).

\*\* Present address: Dementias of Aging Branch, Neuroscience and Neuropsychology of Aging Program, National Institute on Aging, National Institutes of Health, Bethesda, MD 20892, USA

memory and estrogen in relation to cholinergic function. In rats, estradiol microinjected into the hippocampus following a session of trials in a spatial water maze improves performance [32]. This effect is blocked by scopolamine, a muscarinic antagonist. Conversely, systemic injections of scopolamine disrupt the performance of ovariectomized rats in a T-maze alternation task but a three days pre-treatment with  $E_2$  restores performance to normal [9,13]. The ability of estrogen to attenuate the effect of scopolamine has also been shown on acquisition of the multiple-trial passive avoidance paradigm [20].

The majority of the above studies were performed in young animals. The effects of  $E_2$  on aged animals, which would represent a more appropriate model for changes occurring during menopause, have not been investigated. There have been several studies of muscarinic receptor number in the aging rat, suggesting that there may be an age-dependent decrease in muscarinic receptors [2,3,5,28,35]. However, there has been only one cholinergic receptor binding study performed in female mice [16], and none on the effects of estrogen. The aim of the present study, was 1) to evaluate the influence of estrogen status on memory performance, 2) to see if this influence was affected by the animal age, and 3) to establish if the effects observed in both cases could be related to a change in muscarinic receptor number in cerebral regions related to memory. We examined the effect of estrogen on a new non-spatial working memory paradigm, the object recognition test, which has already been shown to be sensitive to cholinergic treatments [11] in young (5 months old) and aged (22–24 months old) C57Bl/6J mice. We then quantified [ $^3$ H]pirenzepine/ $M_1$ -like and [ $^3$ H]AFDX384/ $M_2$ -like muscarinic receptor binding in different cerebral regions using quantitative autoradiography.

## 2. Materials and methods

### 2.1. Subjects

All protocols were approved by the McGill University and Royal Victoria Hospital Animal Care Utilization Committee and carried out in accordance with the requirements of the Canadian Council on Animal Care. Young (5 months) and old (22–24 months) female C57Bl/6J mice (Jackson Labs, Bar Harbor, Maine) were either gonadally-intact, OVX or OVX and  $E_2$  (estradiol-3,17- $\beta$ -diol Steroids Inc., Witten, NH, USA) treated (OVX/ $E_2$ ). Mice were maintained in an isolated, pathogen-free colony with a 12-h light/dark photoperiod and food and water ad libitum. In normal animals, reproductive cyclicity patterns were established by daily vaginal smears. Young intact mice showed all stages of the reproductive cycle and old intact mice were in persistent diestrus. Surgery was performed during diestrus 21 days prior to behavioral testing and tissue collection as previously described [29]. Under anesthesia with ketamine (8.5 mg/100 g) and xylazine (0.3 mg/100 g) *i.m.*,

bilateral OVX surgery was performed using a posterior surgical approach and 5 mm silastic capsules containing  $E_2$  crystals mixed in silastic adhesive were then implanted subcutaneously (s.c.) in the nape of the neck for OVX/ $E_2$  animals. These capsules produce mean circulating levels of  $E_2$  of 12 to 18 ng/ml, i.e. typical of diestrus animals, whereas levels of estradiol for OVX animals were undetectable [22]. The completeness of gonadectomy and efficiency of estrogen treatment was determined by the appearance of vaginal cytological smears exhibiting the absence or presence of mature epithelial cells, respectively. The young intact animals showing a cyclical pattern of estrus were tested in a randomized way for behavioral testing. They were sacrificed during diestrus for autoradiography experiments. Post-mortem uterus weight was taken as an index of the effect of estrogen deprivation (OVX) or supplementation ( $E_2$  treatment) and was significantly reduced ( $P < 0.05$ ) in OVX group ( $44 \pm 1$  mg, mean  $\pm$  s.e.m) compared to intact ( $76 \pm 2$  mg) or OVX/ $E_2$  mice ( $64 \pm 3$  mg).

### 2.2. Object recognition test

Six groups of female C57Bl/6J mice were tested for object recognition: young intact ( $n = 12$ ), young OVX ( $n = 12$ ), young OVX/ $E_2$  ( $n = 10$ ), old intact ( $n = 25$ ), old OVX ( $n = 16$ ) and old OVX/ $E_2$  ( $n = 13$ ). The object recognition test [10] was modified to make the test suitable for mice, and to allow two memory tests in each mouse. Mice were tested in clear plastic cages (36 cm L  $\times$  22 cm W  $\times$  25 cm H) placed on a tabletop in the mouse colony room. For each animal, two pairs of objects were selected at random from a set of four objects differing in shape, surface color, contrast and texture. These four objects had been selected from a larger pool of objects on the criterion that mice would spend approximately equal amounts of time exploring each of them. Mice were first habituated to the apparatus and room environment in 9 daily sessions of 15 min. For the first two sessions: animals were placed in the apparatus with their cage mates for 15 min. For the next 7 sessions: animals were placed singly in the apparatus.

On the test day, the 2 objects were placed on the centerline of the long axis of the floor, 5 cm from each end. Mice were allowed to become familiar with the first pair of objects for 10 min. After a delay of 3 h, mice were exposed to one of the original objects and one member of the second pair of objects for 5 min. The amount of time mice spent exploring each object was measured. Exploratory behavior was recorded if the animal touched the object with its forepaw or nose, or if the animal sniffed at the object within a distance of 1.5 cm. Longer time of exposure (i.e. 10 or 15 min) have been shown to provide same the same proportion of exploratory behavior for new or old objects (data not shown, pilot experiments). Six h after the initial exposure, mice were allowed to explore the other one of the original pair of objects and the remaining novel member of the second pair of objects for five min. The amount of time mice spent exploring each object was mea-

sured. After each exposure, the objects were wiped with 70% ethanol and the cage was sprayed and wiped with Cidex to eliminate odor cues. A Memory Index (MI) was calculated from the time (t) spent exploring each object where 'o'  $\approx$  represents an object seen in the original exposure and 'n'  $\approx$  an object that is novel on the re-exposure.

$$MI = (t_n - t_o)/(t_n + t_o)$$

### 2.3. Autoradiographic visualization of cholinergic receptors

Muscarinic M<sub>1</sub>-like and M<sub>2</sub>-like receptor binding were investigated using quantitative receptor autoradiography with the ligand [<sup>3</sup>H]pirenzepine (79.5 Ci/mmol) and [<sup>3</sup>H]AF-DX 384 (106 Ci/mmol), respectively (New England Nuclear, Boston, MA, USA) as described in [4]. Mice ( $n = 4$  for intact and OVX groups,  $n = 6$  for OVX/E2 groups, distinct from the one used for behavioral experiments) were decapitated and their brains were rapidly removed, immediately frozen in 2-methylbutane at  $-40^{\circ}\text{C}$  and stored at  $-80^{\circ}\text{C}$  until further use. Coronal sections (20  $\mu\text{m}$  thick) were cut at  $-18^{\circ}\text{C}$  on a cryostat (H 500 M, Microm, Germany), thaw-mounted onto alternate gelatin coated slides, desiccated overnight at  $4^{\circ}\text{C}$ , and stored at  $-80^{\circ}\text{C}$  until use. Brain sections were equilibrated at room temperature (5 min) before preincubation (15 min) in Krebs buffer (NaCl, 120 mM; MgSO<sub>4</sub>, 1.2 mM; KH<sub>2</sub>PO<sub>4</sub>, 1.2 mM; glucose, 5.6 mM; NaHCO<sub>3</sub>, 25 mM; CaCl<sub>2</sub>, 2.5 mM; KCl, 4.7 mM, pH 7.4). Sections were then incubated (1 h,  $22^{\circ}\text{C}$ ) in fresh Krebs buffer containing either 10 nM [<sup>3</sup>H]pirenzepine or 2 nM [<sup>3</sup>H]AF-DX 384. Alternate sections were incubated with 1  $\mu\text{M}$  atropine (Sigma, St Louis, MO, USA), a non-selective muscarinic antagonist, to determine the level of specific binding. Slides were then transferred sequentially through three rinses (4 min each) in Tris HCl buffer (50 mM, pH 7.4) at  $4^{\circ}\text{C}$  followed by a rapid dip in cold distilled water. Sections were dried and juxtaposed to films alongside with <sup>3</sup>H-labeled standards (Amersham, Oakville, ON, Canada) for 15 days ([<sup>3</sup>H]pirenzepine) or 3 weeks ([<sup>3</sup>H]AF-DX 384). Specific receptor binding (expressed in fmol/mg tissue equivalent) was quantified from autoradiograms using computerized image analysis (MCID-M4 version 3.0, Mississauga, ON, Canada). Nine cerebral regions were selected according to their involvement in object memory processes (perirhinal and entorhinal cortices, hippocampus and basal forebrain) or as control structures (parentheses represent corresponding figures of the atlas of the mouse brain [15]): motor cortex (Fig. 22–26), somatosensory cortex (S<sub>2</sub>, Fig. 33–43), perirhinal cortex (Fig. 46–50), visual cortex (Fig. 51–55), entorhinal cortex (Fig. 56–60), hippocampal formation (Fig. 46–50), caudate nucleus (Fig. 23–29), medial septum and diagonal band of Broca (Fig. 22–25).

### 2.4. Statistical analysis

A three way ANOVA was used to determine the significant interactions between the age, the estrogen status and the timing of the behavioral experiment. Subsequent two ways ANOVA followed by post-hoc multiple comparisons (Tukey HSD) was performed separately on the two age groups to determine the statistical significance of differences between estrogen status and timing. For the autoradiographic study, a two way ANOVA followed by Tukey test was used to evaluate the statistical significance ( $P < 0.05$ ) of difference between treatment and age groups for each brain region.

## 3. Results

### 3.1. Object memory

Fig. 1 shows the histograms of memory performance of the young (Fig. 1A) and aged (Fig. 1B) mice for the different estrogen status groups at 3h and 6h after the initial exposure to the objects. Three way ANOVA analysis indicated that 1) memory for a previously encountered object deteriorated between the 3h and 6h after the initial exposure (main effect  $F(1,82) = 9.904$ ,  $P < 0.002$ ), and 2) memory performance was better in estrogen treated ovariectomized mice (main effect,  $F(2,82) = 11.365$ ,  $P < 0.001$ ). The age of the subjects did not affect the rate at which memory deteriorated between 3 and 6 h after the initial exposure (interaction  $F(2,82) = 0.263$ , ns). Because the intact groups are not identical in the young (normally cycling) and aged (in persistent diestrus) mice, we also analyzed the effect of estrogen status on memory for each group separately. Young OVX mice treated with estrogen showed greater recall than the estrogen-deficient OVX mice did ( $\alpha = 0.05$  HSD). The scores of young intact mice fell in between, and neither OVX group differed significantly from young intact mice. Old OVX mice treated with estrogen showed greater recall than old estrogen-deficient OVX mice and old intact mice with non-functional ovaries ( $\alpha = 0.05$  HSD). Estrogen treatment also affected the overall exploratory activity in both age groups, but in a way that was not related to the effect on object memory. Exploratory activity was almost the same at 3 h and 6 h after the original exposure ( $F(1,82) = 0.441$ , ns). Accordingly, these data were collapsed for further analysis. The total activity was not affected by age ( $F(1,82) = 0.173$ , ns) but OVX mice without estrogen showed more exploratory behavior than intact mice or OVX/E<sub>2</sub> mice ( $F(2,82) = 3.726$ ,  $P < 0.03$ ).

### 3.2. [<sup>3</sup>H]-pirenzepine/muscarinic/M<sub>1</sub>-like binding sites

The regional distribution of [<sup>3</sup>H]pirenzepine/M<sub>1</sub>-like binding sites in the intact C57Bl/6J female mice was similar to that already reported in the male rat [4], i.e. the main

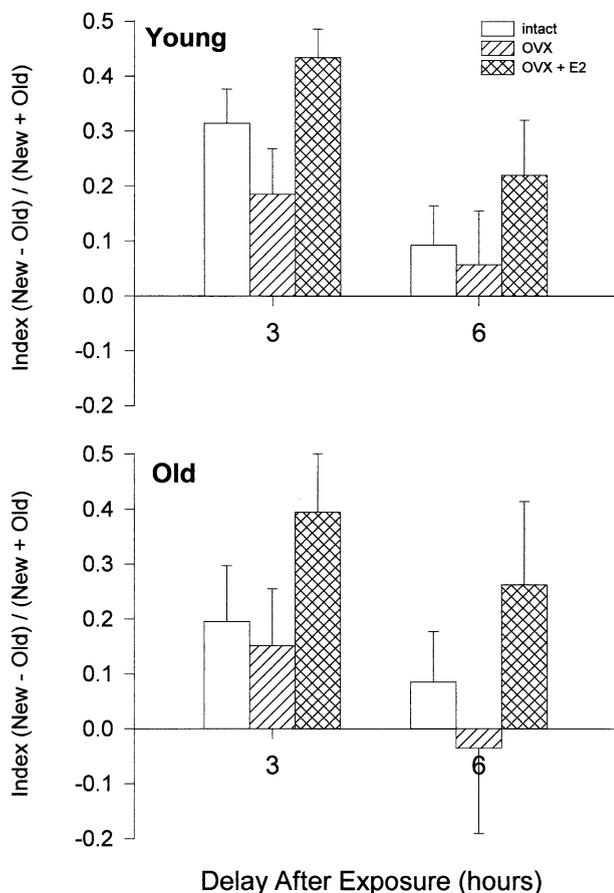


Fig. 1. Mean object memory index scores at 3 and 6 h after learning for young (5 months) and old (22–24 months) C57BL/6J female mice that were intact, ovariectomized or ovariectomized and estrogen treated.

regions showing significant binding level (ranging from 80 to 180 fmol/mg tissue equivalent) were the neocortex, hippocampal formation and caudate nucleus (Fig. 2, Table 1). Moreover, we report here that in the neocortex, layer I showed the greatest level of [ $^3\text{H}$ ]pirenzepine/ $M_1$ -like binding sites compared to the other layers. Other regions, such as the thalamus or basal forebrain, demonstrated only negligible levels of [ $^3\text{H}$ ]pirenzepine/ $M_1$ -like binding sites.

Ovariectomy affected [ $^3\text{H}$ ]pirenzepine/ $M_1$ -like binding in the cerebral cortex of both young (Fig. 2) and aged animals. Except for layer I of the perirhinal cortex which was not affected by ovariectomy, [ $^3\text{H}$ ]pirenzepine/ $M_1$ -like binding was significantly decreased (up to  $-30\%$ ,  $P < 0.05$ ) in OVX animals compared to the intact groups.  $E_2$  treatment alleviated the decrease in layer I and layer IV-V of the somatosensory cortex, but not in other regions. Ovariectomy produced no significant changes in the caudate nucleus or the CA1 and CA3 subfield of the hippocampal formation.

Aging induced a decrease in [ $^3\text{H}$ ]pirenzepine/ $M_1$ -like binding sites ( $P < 0.05$ ) in caudate nucleus, and in motor and somatosensory cortices (Fig. 3). These changes were not seen in visual, perirhinal, and entorhinal cortices or in the hippocampus. There was a trend toward estrogen's ability to

prevent the decrease in [ $^3\text{H}$ ]pirenzepine/ $M_1$ -like binding sites after ovariectomy in young animals but not old animals. However, the interaction failed to reach significance.

### 3.3. [ $^3\text{H}$ ]-AFDX 384/muscarinic $M_2$ -like binding sites

The regional distribution of [ $^3\text{H}$ ]AFDX 384/ $M_2$ -like binding in intact female mice was also similar to that reported in the male rat brain [4], and high levels of  $M_2$ -like binding sites were located in the neocortex, caudate nucleus and basal forebrain (septum and diagonal band of Broca). We showed here that in contrast to  $M_1$ -like binding sites,  $M_2$ -like binding was more densely located in layers II and IV-V of the neocortex.

OVX induced a significant ( $P < 0.05$ ) decrease in [ $^3\text{H}$ ]AFDX 384/ $M_2$ -like binding (up to  $-30\%$ ) in all the regions studied (Fig. 4, Table 2) including the neocortex, hippocampal formation and basal forebrain in both age groups. This decrease was not alleviated by  $E_2$  treatment except in the deep layers of the motor and somatosensory cortices and in perirhinal cortex ( $P < 0.05$ ). Overall, aged animals had fewer [ $^3\text{H}$ ]AFDX-384/ $M_2$ -like binding sites ( $P < 0.05$ ) in the caudate nucleus, basal forebrain and layer IV-V of the somatosensory and motor cortices (Fig. 3). However, as for [ $^3\text{H}$ ]pirenzepine/ $M_1$ -like binding, no statistical interaction between treatment and age of the animals was detected.

## 4. Discussion

The present study was designed to examine the influence of estrogen status on non-spatial working memory in young and old female C57BL/6J mice, and the possible contribution of muscarinic receptors to these changes. OVX mice showed slightly reduced performance in the object recognition task in both age groups. Regardless of age, OVX also produced a significant decrease in the level of [ $^3\text{H}$ ]pirenzepine/ $M_1$ -like binding sites in the cortex and hippocampus, and a significant decrease in the amounts of [ $^3\text{H}$ ]AFDX-384/ $M_2$ -like binding in all regions except the deep layers of the perirhinal cortex.  $E_2$  treated mice showed better cognitive performance in both young and aged groups but this was not correlated with OVX or  $E_2$  induced changes in muscarinic receptor levels. Aging had little effect on object recognition performance, although the levels of muscarinic receptors significantly decreased in many structures in 22–24 months old mice. The results suggest that alterations in muscarinic receptor number do not play a significant role in the facilitatory effects of  $E_2$  on object recognition in aged animals.

### 4.1. Estrogen status and working memory

Our results show a trend in memory performance to be poorer after 21 days OVX compared to intact animals, but this did not reach statistical significance. The fact that intact mice were tested at random with respect to estrus cycle

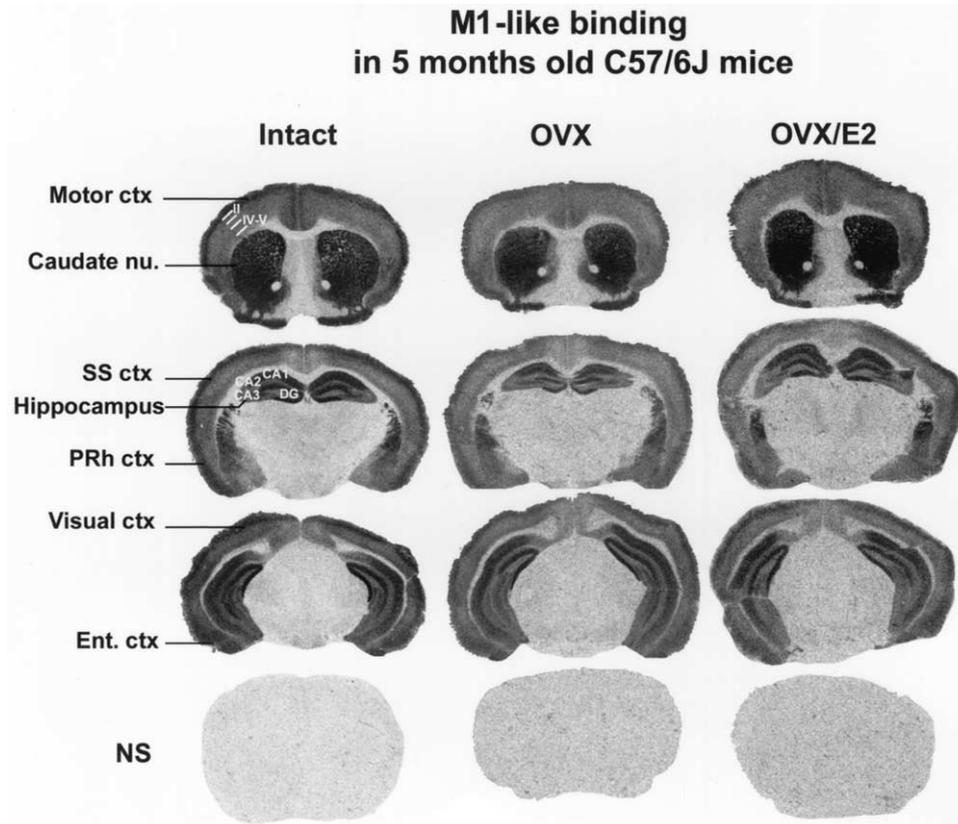


Fig. 2. Representative [ $^3\text{H}$ ]pirenzepine/ $M_1$ -like receptor binding sites autoradiograms in intact, ovariectomized (OVX) and ovariectomized plus estrogen (OVX/ $E_2$ ) young C57/6J mice. 3 coronal sections at different antero-posterior levels are shown for each group to illustrate estrogen status effect on  $M_1$ -like binding in different brain structures related to memory. Bottom panel shows non-specific binding (NS). Ctx: cortex; SS, somatosensory; PRh, perirhinal; Ent., entorhinal.

might have increased the variability of memory scores in intact mice but it can be seen in Fig. 1 that this was not the case. On the other hand old intact mice or OVX mice, which had both had many months with low levels of estrogen, showed poor memory performance relative to young intact mice. It should be noted that OVX mice showed vigorous exploratory activity while intact and OVX/ $E_2$  mice showed low levels of exploratory activity, as might be expected after 9 sessions of habituation in the apparatus. Although there was no correlation between the amount of exploratory activity and the memory index ( $r = -0.08$ , ns), the greater exploratory activity of  $E_2$  deficient mice may reflect a failure to habituate to the apparatus.

We previously showed that working memory was affected by OVX in the spontaneous alternation task [29], and expected to obtain such a finding in the present behavioral experiment. However, other studies have also mentioned a lack of significant effects of OVX on memory tests in the relatively short-term after OVX, although effects were found after long-term OVX [39]. Thus, the effects of loss of ovarian hormones following OVX on cognition or neural systems may require some time to develop, and are only reliably found after long-term gonadectomy [39] and see [41]. In contrast, our results show that a facilitatory effect of estrogen on memory is present even before impairments due to estrogen deficiency are detect-

able. This suggests that estrogen may directly potentiate cognitive functioning rather than merely prevent cognitive decline due to estrogen deficiency. Likewise, it has been found that acute post-training injections of estrogen in the hippocampus can improve memory [32].

We have shown here that estrogen treated OVX mice had improved object memory as compared to OVX mouse in both young and old mice. Moreover, old  $E_2$  treated OVX mice showed better object memory than old intact mice. Previous evidence for estrogen facilitation of memory in OVX animals has been found in tests of spatial working memory including spontaneous alternation [29], radial arm maze [24], delayed non matching to position [18], and Morris water maze.  $E_2$  facilitation of memory has also been reported in reference memory tests such as active avoidance [39], and T-maze footshock avoidance [14]. Moreover, the object recognition test is based on the spontaneous, differential exploration of familiar and novel objects [10]. Since performance depends on non-spatial information that varies from trial to trial it would be classified as a test of non-spatial working memory. The object memory test involves different neuronal circuits than tests based on spatial recognition such as the majority of the maze tests [40]. It has been proposed that perirhinal, entorhinal and medial prefrontal cortical areas

Table 1  
Levels of specific [<sup>3</sup>H]-pirenzepine/M<sub>1</sub>-like binding in intact, OVX and OVX/E2 mice

		5 months old			24 months old		
		intact	OVX	OVX/E2	intact	OVX	OVX/E2
Cerebral cortex							
Motor	Layer I	131 ± 4	106 ± 1*	116 ± 8*	121 ± 10 <sup>†</sup>	99 ± 5* <sup>†</sup>	88 ± 5* <sup>†</sup>
	Layer II	91 ± 3	72 ± 1*	82 ± 4*	86 ± 6 <sup>†</sup>	70 ± 4* <sup>†</sup>	63 ± 4* <sup>†</sup>
	Layer III	81 ± 2	64 ± 1*	73 ± 3*	74 ± 5 <sup>†</sup>	62 ± 4* <sup>†</sup>	56 ± 4* <sup>†</sup>
	Layer IV-V	81 ± 2	64 ± 2*	75 ± 3*	70 ± 3 <sup>†</sup>	57 ± 4* <sup>†</sup>	53 ± 4* <sup>†</sup>
Somatosensory	Layer I	150 ± 4	104 ± 2*	122 ± 5	144 ± 10	110 ± 5*	95 ± 3 <sup>†</sup>
	Layer II	94 ± 1	66 ± 4*	71 ± 2*	86 ± 6 <sup>†</sup>	65 ± 4* <sup>†</sup>	58 ± 3* <sup>†</sup>
	Layer III	86 ± 2	61 ± 2*	68 ± 3*	79 ± 5 <sup>†</sup>	61 ± 4* <sup>†</sup>	56 ± 3* <sup>†</sup>
	Layer IV-V	92 ± 2	71 ± 2*	80 ± 2	82 ± 5	69 ± 4*	62 ± 4 <sup>†</sup>
Perirhinal	Layer I	113 ± 2	104 ± 3	108 ± 3	115 ± 6	109 ± 3	103 ± 6
	Layer II	98 ± 2	80 ± 2*	84 ± 3*	93 ± 3	82 ± 2*	80 ± 5*
	Layer III	83 ± 2	67 ± 2*	75 ± 3*	83 ± 4	68 ± 2*	66 ± 3*
	Layer IV-V	81 ± 1	69 ± 2*	76 ± 3*	82 ± 6	66 ± 2*	64 ± 3*
Visual	Layer I	144 ± 1	107 ± 7*	102 ± 8*	142 ± 4	100 ± 6*	98 ± 4*
	Layer II	105 ± 6	73 ± 5*	75 ± 7*	98 ± 2	75 ± 5*	70 ± 3*
	Layer III	86 ± 3	60 ± 3*	61 ± 5*	83 ± 2	60 ± 3*	58 ± 2*
	Layer IV-V	96 ± 2	69 ± 6*	70 ± 6*	87 ± 2	64 ± 2*	65 ± 2*
Entorhinal		104 ± 3	80 ± 5*	76 ± 4*	104 ± 5	78 ± 3*	80 ± 7*
Subcortical structures							
Hippocampus	CA1	176 ± 5	151 ± 6	157 ± 10	165 ± 7	166 ± 12	144 ± 7
	CA2	173 ± 4	102 ± 4*	127 ± 8*	173 ± 12	124 ± 9*	115 ± 6*
	CA3	102 ± 3	70 ± 4	86 ± 4	101 ± 9	76 ± 4	73 ± 3
	dentate	178 ± 5	144 ± 7	158 ± 10	165 ± 13	150 ± 6	136 ± 6
Caudate nu.		164 ± 8	184 ± 4	181 ± 10	137 ± 13 <sup>†</sup>	159 ± 6 <sup>†</sup>	146 ± 7 <sup>†</sup>

Values represent means ± sem of [<sup>3</sup>H]-pirenzepine/M<sub>1</sub>-like binding expressed in fmole/mg tissue equivalent in intact (n = 4), OVX (n = 4) and OVX/E2 (n = 6) young (5 months) and aged (24 months) C576J/Blmice.

Significant difference: \*, vs. intact group (p < 0.05, two-way ANOVA); <sup>†</sup>, old vs. young equivalent (p < 0.05, two-way ANOVA)

are crucial for object memory, whereas spatial recognition involves hippocampal pathways in rats (see [40]). Thus, our results, together with those cited above, agree with recent human studies which suggest that estrogen is beneficial to a wide range of cognitive functions (see [37,38]). This suggests that the cognitive effects of estrogen are not limited to, or specific to, hippocampal pathways.

#### 4.2. Estrogen and muscarinic receptor level

The muscarinic binding experiments were performed to see if these putative memory-related brain structures were sensitive to estrogen manipulation. Ovariectomy reduced muscarinic M<sub>1</sub>-like and M<sub>2</sub>-like binding sites in most regions examined, and the magnitude of this effect was similar in young and old female mice. Since a significant proportion of M<sub>2</sub> receptors are located on presynaptic nerve terminals of cholinergic and non-cholinergic neurons [31] the reduction of M<sub>2</sub> receptors is consistent with other evidence that cholinergic cells shrink after ovariectomy [29]. The loss of M<sub>1</sub>-like binding sites may also be due to loss of post-synaptic elements such as dendrites and cell bodies

[7,27]. However, except for one region, estrogen treatment failed to prevent either M<sub>1</sub>-like or M<sub>2</sub>-like binding decrease, while it apparently does prevent loss of cholinergic cells [29] and neurites [30]. This suggests that the change in cholinergic receptors is not simply due to atrophy of cholinergic cells, nor is it directly due to the loss of estrogen. Another possibility is that ovarian testosterone plays some role. Ovariectomy and menopause lead to a loss of testosterone as well as estrogen, and there is evidence that testosterone may be important in the maintenance of cognitive function and mood after menopause [6]. The possibility that effects of testosterone on cholinergic receptors may play a role in these effects needs to be investigated further.

#### 4.3. Aging

Aging in animal and human females is accompanied by a loss of ovarian function, even if the deficit in estrogen is not as dramatic in rodents as in humans [23]. As the majority of the estrogen administration experiments are performed in young animals, one of our goals was to determine if estrogen might have differential effects on neuronal function depending on the age of the animal, especially in

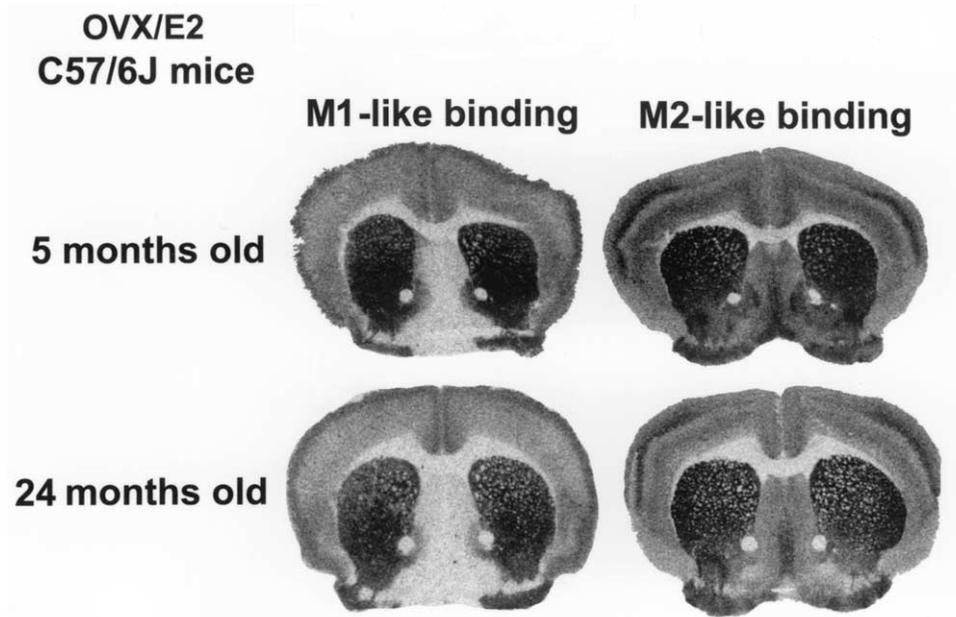


Fig. 3. Representative [<sup>3</sup>H]pirenzepine/M<sub>1</sub>-like (left) and [<sup>3</sup>H]AF-DX384/M<sub>2</sub>-like (right) receptor binding sites autoradiograms in ovariectomized plus estrogen (OVX/E2) young (upper panel) and old (bottom panel) C57/6J mice. One coronal section at the level of motor cortex and basal forebrain is shown as an example of age effect on muscarinic receptor binding.

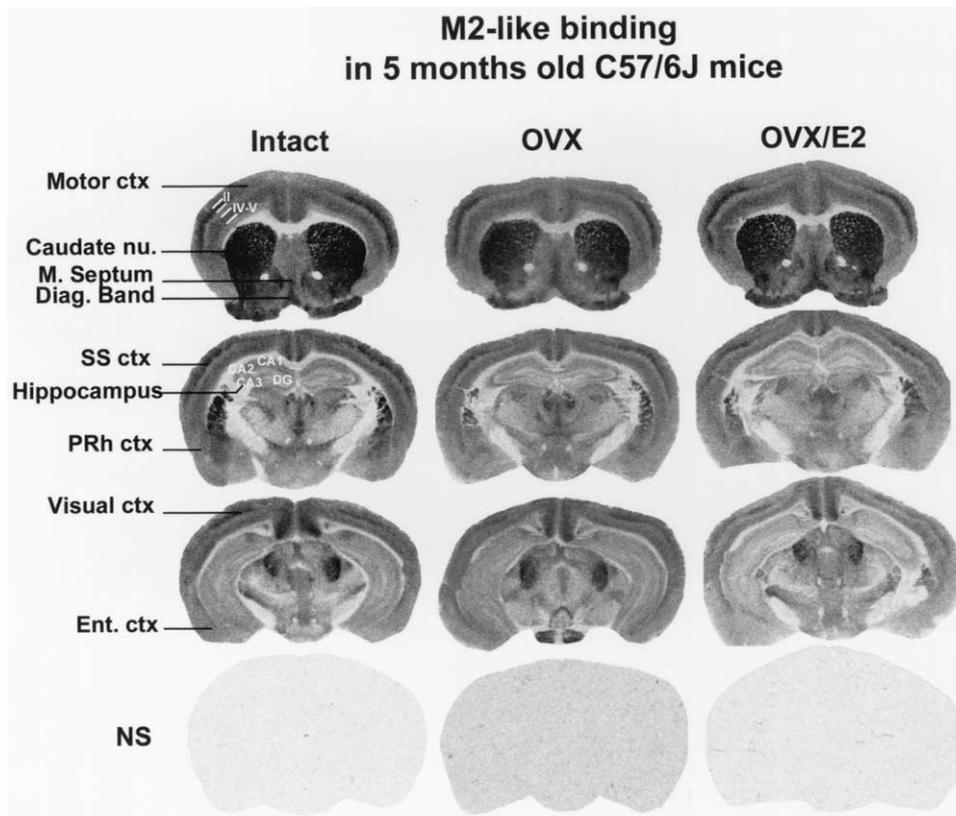


Fig. 4. Representative [<sup>3</sup>H]AF-DX384/M<sub>2</sub>-like receptor binding sites autoradiograms in intact, ovariectomized (OVX) and ovariectomized plus estrogen (OVX/E2) young C57/6J mice. 3 coronal sections at different antero-posterior levels are shown for each group to illustrate estrogen status effect on M<sub>2</sub>-like binding in different brain structures related to memory. Bottom panel shows non-specific binding (NS). Ctx: cortex; SS, somatosensory; PRh, perirhinal; Ent., entorhinal; M. Septum, medial septum; Diag. Band, diagonal band of Broca.

Table 2  
Levels of specific [<sup>3</sup>H]-AFDX-384/M<sub>2</sub>-like binding in intact, OVX and OVX/E2 mice

		5 months old			24 months old		
		intact	OVX	OVX/E2	intact	OVX	OVX/E2
<b>Cerebral cortex</b>							
Motor	Layer I	76.4 ± 4	57 ± 1*	65 ± 3*	85 ± 4	57 ± 1*	67 ± 5*
	Layer II	92 ± 3	68 ± 1*	78 ± 4*	106 ± 7	67 ± 2*	78 ± 4*
	Layer III	82 ± 4	61 ± 1*	69 ± 3* <sup>†</sup>	82 ± 2	58 ± 2*	67 ± 4* <sup>†</sup>
	Layer IV-V	104 ± 3	81 ± 1*	87 ± 4*	93 ± 2 <sup>†</sup>	68 ± 3* <sup>†</sup>	75 ± 3* <sup>†</sup>
Somatosensory	Layer I	83 ± 2	65 ± 2*	75 ± 5*	93 ± 2	67 ± 2*	74 ± 4*
	Layer II	117 ± 4	94 ± 4*	110 ± 9*	130 ± 4	91 ± 3*	102 ± 5*
	Layer III	83 ± 3	61 ± 2*	67 ± 3*	81 ± 3	59 ± 3*	64 ± 3*
	Layer IV-V	104 ± 3	79 ± 2*	87 ± 4*	96 ± 2 <sup>†</sup>	69 ± 4* <sup>†</sup>	76 ± 4* <sup>†</sup>
Perirhinal	Layer I	53 ± 1	42 ± 1*	49 ± 4	54 ± 1	45 ± 2*	50 ± 2
	Layer II	59 ± 2	46 ± 1*	55 ± 5	59 ± 1	50 ± 2*	55 ± 2
	Layer III	61 ± 1	49 ± 1*	58 ± 5	60 ± 2	53 ± 2*	56 ± 2
	Layer IV-V	78 ± 1	64 ± 2	72 ± 6	72 ± 1	64 ± 3	69 ± 2
Visual	Layer I	83 ± 3	60 ± 3*	67 ± 6*	85 ± 2	67 ± 1*	73 ± 5*
	Layer II	128 ± 4	82 ± 3*	98 ± 10*	123 ± 3	95 ± 2*	105 ± 10*
	Layer III	89 ± 4	61 ± 3*	69 ± 4*	87 ± 2	65 ± 1*	70 ± 5*
	Layer IV-V	94 ± 2	70 ± 3*	78 ± 5*	86 ± 1	69 ± 1*	77 ± 6*
Entorhinal		70 ± 4	44 ± 3*	50 ± 4*	63 ± 1	47 ± 2*	52 ± 4*
<b>Subcortical structures</b>							
Hippocampus	CA1	66 ± 3	43 ± 2*	53 ± 4*	61 ± 1	45 ± 3*	51 ± 4*
	CA2	67 ± 6	43 ± 2*	48 ± 3*	62 ± 2	46 ± 3*	45 ± 2*
	CA3	58 ± 2	39 ± 2*	44 ± 2*	53 ± 1	39 ± 4*	40 ± 2*
	dentate	49 ± 2	32 ± 2*	37 ± 3*	46 ± 1	35 ± 2*	34 ± 3*
Caudate nu.		258 ± 9	170 ± 7*	162 ± 8*	241 ± 18 <sup>†</sup>	128 ± 5* <sup>†</sup>	151 ± 16* <sup>†</sup>
Medial septum		132 ± 7	112 ± 2*	113 ± 6*	113 ± 6 <sup>†</sup>	90 ± 3* <sup>†</sup>	97 ± 5* <sup>†</sup>
Diagonal Band		138 ± 6	111 ± 4*	121 ± 3*	116 ± 6 <sup>†</sup>	93 ± 10* <sup>†</sup>	103 ± 5* <sup>†</sup>

Values represent means ± sem of [<sup>3</sup>H]-AFDX384/M<sub>2</sub>-like binding expressed in fmole/mg tissue equivalent in intact (n = 4), OVX (n = 4) and OVX/E2 (n = 6) young (5 months) and aged (24 months) C576J/BI mice.

Significant difference: \*, vs. intact group (p < 0.05, two-way ANOVA); <sup>†</sup>, old vs. young equivalent (p < 0.05, two-way ANOVA); <sup>‡</sup>, OVX/E2 vs. OVX (p < 0.05, two-way ANOVA)

models of menopause. None of the experiments showed statistical interaction between age and estrogen treatment. Moreover, our findings showed that aging did not drastically decrease memory performance of the mice tested for object recognition, and affected muscarinic receptor binding levels in only or few brain regions, including motor and somatosensory cortex, caudate nucleus for M<sub>1</sub>-like, and basal forebrain and caudate nucleus for M<sub>2</sub>-like receptor binding. Consistent with our behavioral data for C57Bl/6J mice, object memory was not reduced in old male rats [1] or old primates [33]. Moreover, our muscarinic receptor binding data are consistent with previous studies which suggest an age-dependent decrease in muscarinic receptors in male rats [3,28] as well as female mice [16]. Taken together, these results suggest that aging, per se, does not affect the response to estrogen stimulation in regard to object recognition or to the number of muscarinic receptors.

## Acknowledgments

This study was supported by the Alzheimer Society of Canada (MMM, KBJF). The American Alzheimer Society (MMM, KBJF, RQ), and the Medical Research Council of Canada (RQ, SK). EV and IR are recipients of a post-doctoral fellowship from the Alzheimer Society of Canada and Fondation Cino & Simone del Duca (France), respectively.

## References

- [1] Aggleton JP, Blindt HS, Candy JM. Working memory in aged rats. *Behav Neurosci* 1989;103:975–83.
- [2] Amenta F, Liu A, Giannella M, Pignini M, Tayebati SK, Zaccheo D. Age-related changes in the density of muscarinic cholinergic M1 and M2 receptor subtypes in pyramidal neurons of the rat hippocampus. *Eur J Histochem* 1995;39:107–16.
- [3] Araujo DM, Lapchak PA, Meaney MJ, Collier B, Quirion R. Effects of aging on nicotinic and muscarinic autoreceptor function in the rat

- brain: relationship to presynaptic cholinergic markers and binding sites. *J Neurosci* 1990;10:3069–78.
- [4] Aubert I, Rowe W, Meaney MJ, Gauthier S, Quirion R. Cholinergic markers in aged cognitively impaired Long-Evans rats. *Neuroscience* 1995;67:277–92.
- [5] Biegon A, Hanau M, Greenberger V, Segal M. Aging and brain cholinergic muscarinic receptor subtypes: an autoradiographic study in the rat. *Neurobiol Aging* 1989;10:305–10.
- [6] Carlson LE, Sherwin BB. Higher levels of plasma estradiol and testosterone in healthy elderly men compared with age-matched women may protect aspects of explicit memory. *Menopause* 2000;7:168–77.
- [7] Carrer HF, Aoki A. Ultrastructural changes in the hypothalamic ventromedial nucleus of ovariectomized rats after estrogen treatment. *Brain Res* 1982;240:221–33.
- [8] Daniel JM, Fader AJ, Spencer AL, Dohanich GP. Estrogen enhances performance of female rats during acquisition of a radial arm maze. *Horm Behav* 1997;32:217–25.
- [9] Dohanich GP, Fader AJ, Javorsky DJ. Estrogen and estrogen-progesterone treatments counteract the effect of scopolamine on reinforced T-maze alternation in female rats. *Behav Neurosci* 1994;108:988–92.
- [10] Ennaceur A, Delacour J. A new one-trial test for neurobiological studies of memory in rats. I: Behavioral data. *Behav Brain Res* 1988;31:47–59.
- [11] Ennaceur A, Meliani K. A new one-trial test for neurobiological studies of memory in rats. III. Spatial vs. non-spatial working memory. *Behav Brain Res* 1992;51:83–92.
- [12] Everitt BJ, Robbins TW. Central cholinergic systems and cognition. *Annu Rev Psychol* 1997;48:649–84.
- [13] Fader AJ, Johnson PE, Dohanich GP. Estrogen improves working but not reference memory and prevents amnesic effects of scopolamine of a radial-arm maze. *Pharmacol Biochem Behav* 1999;62:711–7.
- [14] Farr SA, Banks WA, Morley JE. Estradiol potentiates acetylcholine and glutamate-mediated post-trial memory processing in the hippocampus. *Brain Res* 2000;864:263–9.
- [15] Franklin KBJ, Paxinos G. The mouse brain in stereotaxic coordinates. Academic Press, 1996.
- [16] Freund G. Cholinergic receptor loss in brains of aging mice. *Life Sci* 1980;26:371–5.
- [17] Gibbs RB. Fluctuations in relative levels of choline acetyltransferase mRNA in different regions of the rat basal forebrain across the estrous cycle: effects of estrogen and progesterone. *J Neurosci* 1996;16:1049–55.
- [18] Gibbs RB. Estrogen replacement enhances acquisition of a spatial memory task and reduces deficits associated with hippocampal muscarinic receptor inhibition. *Horm Behav* 1999;36:222–33.
- [19] Gibbs RB, Aggarwal P. Estrogen and basal forebrain cholinergic neurons: implications for brain aging and Alzheimer's disease-related cognitive decline. *Horm Behav* 1998;34:98–111.
- [20] Gibbs RB, Burke AM, Johnson DA. Estrogen replacement attenuates effects of scopolamine and lorazepam on memory acquisition and retention. *Horm Behav* 1998;34:112–25.
- [21] Gibbs RB, Hashash A, Johnson DA. Effects of estrogen on potassium-stimulated acetylcholine release in the hippocampus and overlying cortex of adult rats. *Brain Res* 1997;749:143–6.
- [22] Joshi D, Lekhtman I, Billiar RB, Miller MM. Gonadotropin hormone-releasing hormone induced luteinizing hormone responses in young and old female C57BL/6J mice. *Proc Soc Exp Biol Med* 1993;204:191–4.
- [23] Lu KH, Hopper BR, Vargo TM, Yen SS. Chronological changes in sex steroid, gonadotropin and prolactin secretions in aging female rats displaying different reproductive states. *Biol Reprod* 1979;21:193–203.
- [24] Luine V, Rodriguez M. Effects of estradiol on radial arm maze performance of young and aged rats. *Behav Neural Biol* 1994;62:230–6.
- [25] Luine VN, Renner KJ, Heady S, Jones KJ. Age and sex-dependent decreases in ChAT in basal forebrain nuclei. *Neurobiol Aging* 1986;7:193–8.
- [26] Markowska AL, Olton DS, Givens B. Cholinergic manipulations in the medial septal area: age-related effects on working memory and hippocampal electrophysiology. *J Neurosci* 1995;15:2063–73.
- [27] McEwen BS, Gould E, Orchinik M, Weiland NG, Woolley CS. Oestrogen and the structural and functional plasticity of neurons: implications for memory, ageing and neurodegenerative processes. *Ciba Found Symp* 1995;191:52–66.
- [28] Michalek H, Fortuna S, Pintor A. Age-related differences in brain choline acetyltransferase, cholinesterases and muscarinic receptor sites in two strains of rats. *Neurobiol Aging* 1989;10:143–8.
- [29] Miller MM, Hyder SM, Assayag R, Panarella SR, Tousignant P, Franklin KB. Estrogen modulates spontaneous alternation and the cholinergic phenotype in the basal forebrain. *Neuroscience* 1999;91:1143–53.
- [30] Miyakawa M, Arai Y. Synaptic plasticity to estrogen in the lateral septum of the adult male and female rats. *Brain Res* 1987;436:184–8.
- [31] Mrzljak L, Levey AI, Belcher S, Goldman-Rakic PS. Localization of the m2 muscarinic acetylcholine receptor protein and mRNA in cortical neurons of the normal and cholinergically deafferented rhesus monkey. *J Comp Neurol* 1998;390:112–32.
- [32] Packard MG, Teather LA. Posttraining estradiol injections enhance memory in ovariectomized rats: cholinergic blockade and synergism. *Neurobiol Learn Mem* 1997;68:172–88.
- [33] Rapp PR, Kansky MT, Roberts JA. Impaired spatial information processing in aged monkeys with preserved recognition memory. *Neuroreport* 1997;8:1923–8.
- [34] Sarter M, Bruno JP. Cognitive functions of cortical acetylcholine: toward a unifying hypothesis. *Brain Res Brain Res Rev* 1997;23:28–46.
- [35] Schwarz RD, Bernabei AA, Spencer CJ, Pugsley TA. Loss of muscarinic M1 receptors with aging in the cerebral cortex of Fisher 344 rats. *Pharmacol Biochem Behav* 1990;35:589–93.
- [36] Sherwin BB. Estrogenic effects on memory in women. *Ann NY Acad Sci* 1994;743:213–30.
- [37] Sherwin BB. Estrogen effects on cognition in menopausal women. *Neurology* 1997;48:S21–S26.
- [38] Simpkins JW, Green PS, Gridley KE, Singh M, de Fiebre NC, Rajakumar G. Role of estrogen replacement therapy in memory enhancement and the prevention of neuronal loss associated with Alzheimer's disease. *Am J Med* 1997;103:19S–25S.
- [39] Singh M, Meyer EM, Millard WJ, Simpkins JW. Ovarian steroid deprivation results in a reversible learning impairment and compromised cholinergic function in female Sprague-Dawley rats. *Brain Res* 1994;644:305–12.
- [40] Steckler T, Drinkenburg WH, Sahgal A, Aggleton JP. Recognition memory in rats—II. Neuroanatomical substrates. *Prog Neurobiol* 1998;54:313–32.
- [41] Vaucher E, Pierret P, Julien JP, Kuchel GA. Ovariectomy upregulates neuronal neurofilament light chain mRNA expression with regional and temporal specificity. *Neuroscience* 2001;103:629–37.
- [42] Verghese J, Kuslansky G, Katz MJ, Sliwinski M, Crystal HA, Buschke H, Lipton RB. Cognitive performance in surgically menopausal women on estrogen. *Neurology* 2000;55:872–4.
- [43] Wu X, Glinn MA, Ostrowski NL, Su Y, Ni B, Cole HW, Bryant HU, Paul SM. Raloxifene and estradiol benzoate both fully restore hippocampal choline acetyltransferase activity in ovariectomized rats. *Brain Res* 1999;847:98–104.